

**GOOD SEXUAL HYGIENE AND
SPIRITUAL ATTITUDE**

ANTHONY ALEXANDER MORRIS

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Note to Reader

This book is a counseling aid on spiritual ethics, sexuality and health, with advice to improve your moral attitude.

It packs the potential to benefit people of all ages, and can help everyone develop a desire to live by good, ethical values. I have included many true stories from my own experience to help illustrate some of the concepts.

I reserve the right to not answer any questions, clarify any statements, interpret or explain any of the feelings contained within these pages.

All thoughts, views and life experiences expressed within are mine and mine alone and, as such, are accountable to no one, nor are they to be interpreted by anyone.

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Introduction

Good Sexual Hygiene and Spiritual Attitude was written to help adults, parents and children gain a better understanding of each other. It was also written to help make your marriage work or, hopefully, restore your marriage.

In today's society, there are many concerns that both parents and teenagers encounter which seem to go unnoticed because of the generation gap between them. When people are aware of these concerns, those of different ages often have very different views on them. This book covers many areas where myths or idle preferences obscure the truth and the consequences of wrong choices.

This book also looks at some ridiculous ancient social customs related to sexuality that are still rigidly practiced by most societies today, creating a lot of unhealthy attitudes between parents and their children. There appears to be a great deal more respect and harmony between parents and teens where the ancient social customs this book exposes are not practiced.

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A number of dramatic and unique experiences have impacted my life, helping me to see what really is responsible for the generation-gap frustrations. One was a lecture I received, at the age of sixteen, from a woman who overheard a remark I made to her son about using girls as casual sex toys. It infuriated her so much that she ended up lecturing us for over three hours about having a mature sexual attitude. It was an important lesson on how to live in purity of spirit and body, instead of becoming a sexually irresponsible and immoral person destined for disappointment.

Our beliefs about our sexuality affect every other aspect of our lives. I have pondered observations many people don't seem to ever consider, despite the profound impacts on their lives. This book explores subconscious natures that most never see about themselves, natures which can destroy their life's potential, their marriage and other relationships.

I hope you will be deeply inspired when you read about the many benefits revealed here, which I believe can enrich your life. *Good Sexual Hygiene and Spiritual Attitude* is an excellent source of instruction for everyone. It is very useful in helping parents understand hidden stresses their children endure, but don't know how to explain to adults. It emphasizes how the practice of good spiritual and sexual habits will greatly reduce the frustrating risk of becoming a victim of sex-related diseases, the regrets of sexual molestation, the risks associated with escaping to drugs or gangs, etc. This book exposes the guts of these problems and gives simple solutions to resolve the frustration.

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It's never too late to change, once you know what you need to do.

Some of the doctrine is very bluntly stated, as though it is giving you a serious talking to, and it is. As well, simple illustrations from true stories are used to express the importance of practicing good sexual hygiene and spiritual attitudes.

One last thought to leave with you. When you fly over a country, you learn very little about it. However, if you walk through that country, you learn far more. Speed-reading this material will result in little (if any) benefit to you. So, read *Good Sexual Hygiene and Spiritual Attitude* with a concern to get a thorough understanding of its relevance.

What Is Sex?

The laws of nature can't be changed to suit anyone's personal desired preferences. Nature can't be bribed. And nature is indifferent to the cost of ignorance. Therefore, no matter how much you think you know about sexuality, it is important to read this chapter because it sets a mood for the following chapters to help you understand the purpose of their content.

Even the most honest and confident parents can feel uneasy about discussing sex with their children, in part because pagan taboos have created shame about human sexuality. When a child asks "Where did I come from?" many parents talk around or completely change the subject, because they don't want to discuss it with their children. This leaves our children confused and having to find out for themselves.

By providing our children with open, honest and realistic communication from birth, we encourage them to also be open and honest with us. Even when they bring up difficult subjects such as sex, encourage them to ask questions, and try to provide satisfactory answers. This will provide them with a good, strong foundation.

After reading this chapter, you can decide whether or not it conflicts with your ideas on teaching your child about sex.

So, You Want to Know Where You Came From

The short answer to that is “from your parents,” but that does not answer your question properly at all. To understand where you came from and what sex has to do with where you came from, first you need to know something about how your body works.

All body parts are the same in boys and girls except their sex organs. The sex organs determine whether you are of the male gender (boys), or the female gender (girls). Both male and female people have legs, arms, a head, a chest cavity and a stomach area. Also, both genders have vital life-supporting organs that are the same and are essential for life, like your heart and lungs, your liver and kidneys.

Most organs work in a specialized system. One example is the respiratory system. It consists of your nose, mouth, throat, windpipe and lungs, which work together to get oxygen from the air for the body. The respiratory system cooperates with the circulatory system, which carries the oxygen from the lungs to every one of the billions of cells of your body.

Another example is your digestive system, which begins with your mouth to take in and chew your food. Your esophagus carries that food to your stomach, which further breaks down the food to get the nutrients ready to be absorbed through your small intestine and large intestines and

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into the circulatory system, which carries nutrients (along with oxygen) to all the cells of your body. And, finally your rectum gets rid of the waste, the leftover material not absorbed to feed your body.

All the required organ systems for your body to live are complete in your body.

The sex organs form the reproduction system, which produces babies. Unlike the other systems, the sexual organ systems of a male and female are different and *incomplete* in either gender, and must work together to perform their function. In other words, to produce babies the reproductive system of one person must depend on an association with organs from a person of the other gender.

The reproductive system also must grow up, or mature, before it can produce life. (Similarly, babies must grow up to become young men and women before they are mature enough to look after themselves, and others.)

When a female baby is born, she carries all of her ova, or egg cells that can produce babies, in her ovaries. (One of the eggs, or ova, by itself is called an ovum.) However, none of these ova can produce babies until after she reaches her adolescent years, when her menstrual cycles begin (usually between age 10 to 16); and they will not produce babies unless they are fertilized.

When a male reaches adolescence, his body is capable of producing sperm cells that can stimulate the ova in a female to grow into babies. This stimulating process is called fertilization.

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We can think of fertilization as adding the missing part (ingredient) that is needed to start it growing or working. It is somewhat like adding water to a seed to make it grow. Or we can think of it as a car, which needs fuel to energize it, and a key to start it. In each example, something must be added to make it grow or start.

Normally, in each female, one ovum each month becomes ready for fertilization. The female's body prepares a place for the fertilized egg to grow by using nutrient-rich blood to create a special lining in the uterus, which is also called a womb. If the egg is not fertilized, the lining and the egg are shed from her body in a process called menstrual flow.

This monthly cycle repeats itself until an ovum is fertilized, resulting in pregnancy. (After pregnancy, the cycle resumes until the female reaches menopause, which varies from age 35 to 58. When menopause is completely finished, the woman can no longer become pregnant.)

Sexual fertilization starts the growth of a baby, and gives the child features that look somewhat like their fathering parent and somewhat like their mother. The baby's genes come from the combined genes they inherit from their parents of conception. The sexual organ systems of a man's and a woman's bodies must work together to make one complete sexual organ system to produce their baby offspring.

The cycle of birth begins in the testicles of the fathering parent. The testicles are glands which produce millions of tiny sperm cells. These are the father's reproductive cells. The sperm cells mix with fluids from the prostate and bulb-

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ourethral glands to make a thick, milky-looking secretion called semen. The sperm cells look like tadpoles swimming around in this solution. However, they are so small that a microscope is needed to see them.

The male sexual organ system is stimulated in much the same way as the saliva glands in your mouth are stimulated. When you think of food that is delicious to eat, it causes an increased flow of saliva; your mouth “waters.”

When the male is thinking of a female he feels affectionate love for, his sexual organs are stimulated. This causes the artery blood vessels in his penis to dilate. The dilated arteries cause an increased volume of blood to flow into the muscular tissues of his penis. This pressure build-up is assisted by the veins restricting their drainage flow back toward the heart. Thus, the penis’s muscular tissue becomes engorged with blood, which causes it to inflate and lengthen (somewhat like a balloon filling with air) to become a firm shaft. When a male’s penis is stimulated in this way, it is called an erection.

The penis of the fathering parent and the vagina of the mothering parent are the indicating difference between a male and a female, and are designed to fit together. To do this the male must become stimulated to produce an erection. This is necessary so a male can penetrate his penis into the vault of his female partner’s vagina. This process is called copulation, or sexual intercourse. By this connected passage, the semen solution carrying sperm cells is safely transferred from his body to hers.

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However, this does not usually happen automatically upon sexual contact of the connected sexual organs. A reciprocating action of the male's erection sliding in and out in a somewhat repetitive motion further arouses stimulation until involuntary muscle contractions start in the male's reproductive system. (An example of involuntary contractions is hiccups. You can't control when they will happen.) The involuntary contractions of the male's sex organs work like a pump, safely injecting semen deep into the female's vagina. This muscle contraction of the male's sexual organs is called ejaculation.

The transferred sperm cells in the semen solution swim to the womb of the female's body. To further assist the sperm cells to reach their destination, the female's sexual organs also are stimulated. The reciprocating action of the connected sexual organs induces sensations in her body to secrete fluid into the vaginal vault to dilute the thick semen solution. This makes it easier for the sperm cells to swim to the ovum (or egg cell), which is waiting near the ovary. Only one out of these thousands of sperm cells will unite with the ovum to produce a fertile embryo.

The embryo travels from the fallopian tube to the female's uterus, where it develops into a baby.

In the latter stages of development, when the embryo starts to take on the look of a baby, it is called a fetus. However, from the time of inception/pregnancy, it is a live human that is developing into a baby.

Sometimes, more than one ovum is ready for fertilization,

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and sometimes a single embryo develops into more than one baby, resulting in twins or even more babies, all developing at the same time.

Since babies develop in the female's body, there are more extensively developed sex organs in her body than there are in the male's body. However, neither a man nor a woman can produce a baby without the assistance of the other one, because both must work together to make one complete sex organ system.

The mother's uterus provides nourishment, warmth, and protection while the baby develops over the next nine months. At that time, the baby no longer needs its mother's internal assistance to live and grow: the baby is ready to be born.

To be born means to come out after being developed. An example of this is a car factory. All that is required to make the cars and support the factory is brought to it as material and energy supplies that feed the system. With the materials energy is used to assemble the cars.

However, the cars can't go on their own while being assembled, because they are not fully developed yet. After the cars are assembled, they are ready to come out and go on their own without the support of the factory. In much the same way, a mother takes in nourishment to support her own energy needs, and the energy needs of the baby that is developing inside her body.

The interaction when a male and female are together is called coitus, but it is better known as sexual intercourse.

The function of sexual intercourse is not spontaneous. It is the result of a mental decision of co-operation between a man and a woman. Thus, the interaction of sexual intercourse only happens when they want it to happen. That is the way God designed us so all children would have a father and a mother as parents to look after them.

The Importance of a Good Beginning

When the baby is ready to be born, it is a very exciting time for the parents, especially if it is their first child, because it is the beginning of the biggest step of their lives. The parents of a child are the woman who is the mother, and the man who fathered the baby by providing sperm to fertilize the ovum. This is a shared responsibility of the love they hopefully have for each other. It is the priceless gift of a new life from their own bodies for them to invest their future into. It is their gift to each other.

Parents are supposed to care for and look after their children until they are grown up into mature adults, until they can take care of themselves and any children they may have. However, all too often those who have reached adolescence, and are able to have children, do not take proper care of them. And yet everyone *knows* they should, by the guilt that they feel deep inside when they consider escaping the responsibility of looking after their children.

Sexual intercourse is also known as making love, or having sexual pleasure with another person of the opposite sex. This is the main reason men and women are attracted to

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each other to become married partners to live the rest of their lives together before and after becoming parents

However, to really be making love to another person requires far more than consenting to share sexual pleasure. It demands a lifetime committed to being a clean, responsible, honorable person for your spouse (marriage partner) and any children you may have. The biblical law from the Almighty Creator of the universe says, "When a man and woman live together they should be as husband and wife. They should commit themselves to looking after each other and their children."

The privilege of sexual relationship is a very serious responsibility. It is not to be considered lightly, just as being in control of a car or an airplane is a serious responsibility. You can see the joy of being able to drive a car or fly a plane long before you can drive or fly. This is so because first you must qualify for a license. To qualify, you must prove to an examiner that you are mature enough and skilled enough to handle the vehicle safely. Similarly, it takes time training to manage the responsibilities that go with a license of marriage, and with raising children.

To train yourself for marriage, you must want to develop a mature attitude. That means taking a stand to be obedient to good, responsible advice from your parents and teachers. You also need to finish your schooling, *grow to wisely appreciate the value of constructive criticism*, and learn how to work.

Also, you should learn the responsibilities of living, such

as controlling yourself and being able to get along with other people in all types of situations.

Then will come the biggest test of all. You need to experience standing alone for what is right when your peers are trying to convince you to do wrong. Only then will you be a well-seasoned, mature individual, able to manage the responsibilities of marriage and appreciate its rewards.

The Most Rewarding Choice

A good, rewarding marriage demands a lot of hard work, dedication, and having a caring heart for others.

Shirking the responsibilities that should go along with sexual intimacy will cause grief that far outweighs the short-lived pleasures from coitus. Sincere companionship, security, and trust are values we all long for more than gold. Live together with a sworn vow to live for each other. Otherwise, you will want to leave yourself a convenient, irresponsible way out.

Is your love sincere, or is it something fleeting that is here today and gone tomorrow when problems come up, as they will?

There is a good, spiritual way to live as a male or female that bestows blessed sexuality in our lives. This way will make your life the happy one the Creator of the universe wants us to enjoy. This we know from the tranquility of natural beauty we experience when we are out in any unspoiled, wilderness area of nature.

Other choices take us in a different direction, where we

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can live an irresponsible, dirty life – the type of life that the evil influences of immoral sexuality try to lure us to desire. By the corruption around us, we can see man has promoted a lot of indecent, adulterous attitudes as the way to enjoy life. However, the inner spirit in us knows it is wrong. Consider with sensible judgment the tempting, insane stress associated with pornography and prostitution. Tempting illusions are put before us to shatter our good moral spirit. We face their enticing stress every day in the polluted world that man has made for himself. The stress to indulge in evil encourages us to give up our good moral beliefs. The commercialized, overbearing, influential traits of the society we live in make the good appear to be undesirable, and the bad to look appealing.

Haters of loving kindness and goodness will try to make the bad look good and desirable. They try to persuade us to think the wrong time for sexual relations is the right time. However, capitulating to this temptation always causes unhappiness and regret, and often emotional and medical problems as well. Immoral sex at any time, or passionate love at the wrong time, has shattered many young adults' futures, sometimes beyond hope of recovery.

Because the Bible contains many wise statements that have been medically proven to be preventive advice, protection against becoming a victim of bad choices, I like to think of it as an operating manual from the Creator. By staying loyal to its instructions, we can avoid the painful results of impulsive, temptation-driven behavior.

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One of the instructions says, "If you really, sincerely love someone and desire to have sexual intercourse with that person, then marry him or her first." We can say we believe this or that about sex before marriage. However, because of our deep-down sense of the truth and what's right, we feel uneasy about the rightfulness of sexual intimacy without first being married.

After some time of indulging in sex before marriage, some of those practicing this become calloused against the sensed immorality of it. We "forget" the sensed guilt feeling when we repeatedly indulge in any form of immorality; we shut it out as though we are ignorant of it being wrong. As we become comfortable with the practice of an immoral habit, we develop a more accepting attitude toward experiencing more degenerate sexual conduct. With this in mind, we should try to avoid all immoral practices because it always ends up destroying happiness in a relationship.

Those who prepare themselves throughout their youth to be well-seasoned, mature individuals who understand their moral responsibilities live much happier lives. In marriage, they survive and recover from hardships much better, especially if they are with a mature, responsible mate, because they are a united front. Therefore, everyone should go through all the prerequisites of maturing before marriage. Discipline yourself to abstain from engaging in sexual intercourse before sincere, responsible marriage, to prevent insecure tension. Sincere, responsible people who love one another will dedicate their lives to each other through mar-

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riage because they both naturally want to. With this type of dedication, long-term faith becomes established, and the sensed threat of unhappiness is removed.

Sex is a factor of the good and bad outcome to practically everything we do in life. Therefore, it is very important for everyone to try and do what is best for all concerned. This is important, because sexual intimacy produces babies that need parents to love them for the rest of their lives. That also includes not being a hypocrite or ashamed of discussing the subject of sex with your children.

Explaining sex to your child can be a great bonding experience. The subject of sexuality and where babies come from usually leads to technical questions – theirs, and yours. It is a very good idea to have a medical dictionary on hand to refer to as these questions arise.

What Science Knows About Where We Came From

Some of you may feel a need to put up a resistance to terms like Creator and biblical law. However, I find it impossible to describe our beginning in any other way because of the overwhelming amount of solid scientific evidence that supports the existence of a creator. I find it ludicrous that some scientists still give evolutionary theories any credibility, since experiments to prove the authenticity of the evolutionists' evidence have discovered the opposite: not one shred of evidence presented to support evolutionary theory hasn't been exposed to be a fraudulent lie. (Some of the evidence discussed here reflect what I learned from the recorded lectures "Creation in Symphony" by Dr. Carl Baugh, Ph.D.)

Creatures of Bone and Tooth

Two powerful pieces of evidence presented to support evolution were the Piltdown Man and the Nebraska Man. Here is a summarized history of their legitimacy:

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In 1912, amateur archaeologist announced the discovery near Piltdown, East Sussex, England, of a skull which clearly linked man's origin to apes. Although the find met with some controversy at the time, it wasn't until 41 years later that advanced techniques proved conclusively the Piltdown Man skull was a hoax. New technical forensic equipment revealed that plaster and artificially aged human skull bones had been molded together with the lower jaw bone and teeth bones of an ape.

The first reported evidence of an Anthropoid primate in America, *Hesperopithecus* (commonly known as The Nebraska Man), consisted of a mere tooth found by rancher Harold Cook in 1917. Cook thought it looked somewhat like a human tooth and something like an ape's tooth, and eventually submitted it for scientific examination. Declared in 1922 as evidence of an ape graduating to a man, it was used in 1925 to help win the famous Scopes Trial in Dayton, Tennessee, and to introduce evolution into the education curriculum that spread world-wide.

But in 1926, Harold Cook went back to the site and dug up the rest of the skeleton, including the jaws. It was found to be an extinct species of pig called *Prosthennops serus*, and in 1927 the earlier identification as an ape was retracted in the journal Science. However, the evolutionary concept has continued to be taught in schools and universities around the world, while any education involving God and the Holy Bible was gradually removed and eventually outlawed from being taught in public schools.

Why? It's all salesmanship to promote lies as the truth.

My question is, what is the motive behind governments worldwide dogmatically forcing these blatant lies to be taught to students from then until now? It doesn't matter whether the government is fascist, strong right- or left-wing, or any political group between them. The clear majority of them have continued to teach evolution in their curriculum.

Creatures of "Fire" and Flame

Evolutionists argue that the Holy Bible is nothing more than fables. They refer to the statements about a fire-breathing creature named Leviathan in the bible and say it's impossible. However, science knows that fireflies produce a highly sophisticated chemical reaction in their body to produce the light that we can see at night.

A less-known creature is the bombardier beetle. This small insect is armed with a shockingly impressive defense system that is very closely matched to what a dragon would require to expel fire from its body. Whenever threatened by an enemy attack, these little beetles blast irritating and odorous gases, at an astonishing 212 degrees Fahrenheit, into the face of the unfortunate predator.

To create this explosive reaction, the beetle stores two chemicals, hydroquinone and hydrogen peroxide, in separate internal chambers. When threatened by a predator, such as a frog, it squirts the chemicals into its tiny reaction chamber, along with other catalyst chemicals, creating violent explosions at hundreds of propulsions per second.

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According to evolutionary theory, beetles spent thousands of generations experimenting before arriving at the magic formula, simultaneously developing the “barrel” to aim the mixture at the assailant, along with the intricate muscle tone and finely tuned nervous system to orchestrate the whole defense mechanism safely and with precise accuracy.

Could such a marvelously sophisticated mechanism have evolved haphazardly over millions of years, or was a designer required? And if a designer made the bombardier beetle, it’s entirely possible he also made Leviathan, who could now be among the extinct dinosaurs we know existed at one time.

Die-hard evolutionists know the history on the fraudulent evidence used to dismiss creation as fake. They expect you to disregard rational reasoning and dogmatically embrace their theory about our origin, even with evidence like the bombardier beetle. Why do they hate the possibility that we were created by a source greater than ourselves? Yet those who do not agree the bombardier beetle *was* capable of gradually developing entirely by itself risk receiving a failing grade in school.

Rock of Ages

Evolutionists proclaim it took 300 million years for granite to form. Dr. Robert Gentry, an American scientist, examined granite of all colors at all depths of the earth. By carving the rock into thin slices, he showed it is full of “halos” crystal-

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lized in a state of radioactive decay, including plutonium 210, 214 and 218.

Plutonium, in a state of radioactive decay, goes through seven half-lives and disappears without a trace in a very short period of time. Therefore, it had to crystallize in less time than it would take to go through its seven half-lives for any trace of it being left for us to see. Plutonium 210 goes through its seven half-lives in 22 days. So, it had to be formed into its crystallized state in less than 22 days, to leave any evidence it was there. However, plutonium 214 goes through its seven half-lives and disappears without a trace in 0.00164 seconds. That's 164 millionths of one second. Therefore, for there to be any trace of it left, it had to form into a crystallized state in *less than 164 millionths of a second*. In other words, it came into existence instantaneously, the way it is described in the Holy Bible at Genesis 1:6-7:

6) And God said, let there be a firmament in the midst of the waters, and let it divide the waters from the waters.

7) And God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament and it was so.

Interestingly, the haloes are perfectly round, which means they must have been formed cold; forming hot would have left them distorted.

Scientists worldwide have been aware of these facts about granite for more than two decades, but never a word of it is taught to the general public in schools. Why do they still dogmatically teach it took 300 million years for granite

to form, without any proof? It sounds like a fancy, impressive figure picked at random to impress the gullible against there being a God who created us.

I hope you are sitting down because this next forensic discovery about all living cells is a block buster of evidence.

Dr. Denton found cell DNA provides the information for the Protein Synthesis Apparatus, *that provides the very proteins for the DNA to exist*. The Protein Synthesis Apparatus provides the Protein Phosphate compounds for the Energy system. *Yet the Energy System provides the actual energy for the protein Synthesis to Function*. The Protein Synthesis provides the proteins for the cell membrane. *Yet the membrane holds that entire synthesis intact*. In other words, everything is independent and co-dependent on everything else. All 4 of the complex parts of all living cells had to be complete and perfect in their existence *at the same instant* for them to come into existence. Therefore, the forensic evidence proves they had to have been designed by a creator instantaneously to become living cells, "God."

Given the evidence, it is surprising how forcefully evolution is proclaimed as truth. This begs the question: How can any proper, sound perspective be taught to students on the subject of human sexuality with such evolutionary lies being saturated into education curriculum worldwide?

Examining the Evidence

If you are interested in finding out more about what science has learned about our creation, get a copy of *Creation in*

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Symphony from Creation Evidence Museum in Glen Rose, Texas.

If you have any qualms about my stand against evolutionary theories, read the summary article in *Science America*, October 1994 issue, page 44. There it states that Stephen Weiburg, Ph.D., and Sir Frederick Hoyle, Ph.D., who are two highly respected scientists worldwide, spent over 10 years with unlimited funding researching the possibility of evolution occurring by natural means. *Their final conclusion was that there was one chance in 10 to the 40,000th power for evolution to have happened.*

This statement fixes evolution to be thousands of times beyond the realm of anything that is even remotely possible, when you compare this fact to the following understood fact about the universe:

Physicists tell us that if the measured universe were filled with electrons, they would number 10 to the 130th power. Therefore, the possibility of picking out a single electron correctly in the entire universe is thousands of times more likely, than for evolution to have happened – according to Weiburg and Hoyle’s calculations.

With all the millions of experiments done by scientists, the results of which only make sense as the work of an intelligent designer, some of them still proclaim that a random, haphazard mixture of atoms produced simple single cells of life. However, they are still trying to prove that evolution produced *all* the variations of life. The hundreds of millions of dollars spent to acquire the understanding we have today

has only resulted in totally fruitless attempts at trying to make life start from non-living material.

Even with scientists' determination to make this happen, they have not found a shred of evidence to prove life evolved without intelligent intervention. They can't even manipulate an existing mutation organism to produce a characteristic that is not present in its parents, and can reproduce a new life form. They can't make a new species by mutating a species. A mutation does not produce major new raw material. It does not make a new species by altering the structure of a living cell even in the slightest. Stephen J. Gould stated, "I regard the failure to find a clear vector of progress to be the most puzzling factor of the fossil record."

There has not even been any evidence detected in all the many varied geological findings in the crust of the earth to support the evolution of life from, as they say, billions of years ago. Nor have they found evidence to support the theory that through gradual transformation, species like apes became the man of today.

All scientists *have* found is that *every* complex form of life appears suddenly in time – just as they found, scientifically, granite rock had to have been formed, instantaneously, as evidenced by the radioactive plutonium 214 found in it. There is no evidence of anything having a transformation time-lapse over any period.

This has led some sincere scientists, who are concerned about working with truthful logic, to stop relying on Darwin's theory of evolution. They have discontinued

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researching his theory because *more than a hundred years worth of research has not produced one proven evolutionary theory. Instead, every claim has been proven false.* On the other hand, evidence has been found which solidly supports the fact that a mastermind had to exist to create all the life forms that are constructed with atoms.

Sensibly, a growing number of scientists have abandoned the evolutionary theory and have put the creation concept to the test. They have found volumes of undisputable evidence requiring a creator. Also, they have found that there is only one holy book that compares flawlessly with the science: the Holy Bible. It is the only holy book that gives an accurate account of creation as we see it in nature, and that account is direct, specific and clear, with absolutely no errors found in it despite the thousands of people intent on disproving its authenticity.

The sequence of creation events found in the Holy Bible coincide perfectly with what science knows had to happen to be consistent with the evidence found in nature. Unlike other holy books, the Holy Bible correctly describes the laws of physics. And the Holy Bible is the only book that accurately predicted future events hundreds and even thousands of years before they happened. Therefore, I believe the credibility of the Holy Bible cannot be dismissed as a fictional account of where life came from.

References and suggestions for further reading about this section:

“Hesperopithecus, the first Anthropoid Primate found in America,” (Science Vol. 60 # 1427 May 5, 1922) p.463

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Nebraska Man “best Evidence,” Henry Fairfield Osborn,

Nebraska Man “found to be a pig,” William K. Gregory

“Hesperopithecus Apparently Not an Ape nor a Man,” Science, Vol 66 #
1770 Dec 16, 1927

Mutations are non-Productive (lecture at Hobart & William Smith College
on Feb. 14, 1980)

No Clear Vector of Progress by Stephen J. Gould. Harvard University, Nat-
ural History/Vol 93, Feb. 1984, pp. 22, 23

No actual fossils directly Antecedent to man. L.B. Halstead (an Evolution-
ist), Nature Nov. 20 1980, p. 208

Evolution, A Theory in Crisis. Dr. Michael Denton, Adler & Adler, Bethes-
da. MD. 1986, pp. 270

Logical Conclusions and Practical Application

The advice written in the Holy Bible on sexuality and marriage merits our attention and deserves our respect. It is full of examples promoting living by moral values. Evolution dismisses the need to live by moral values and instead embraces survival of the fittest. It often suggests there are no consequences for indulging in immoral practices; with evolution, there are no laws governing any required conduct. Therefore, there is no penalty for sexual molestation of children, or disrespect of females as inferior to men, or theft, or lying, or worse. With evolutionary theory, *all* immoral conduct is simply dismissed as merely “the nature of the beast.”

However, we *do* know the difference between right and wrong, because when doing wrong we sense uneasiness inside ourselves until, through practice, we desensitize ourselves to it. So, what causes us to sense uneasiness in the

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first place when we start doing immoral things? It is a built-in programmed instinct, isn't it? This becomes evident when we consider some of the science of our existence, like where those instincts come from.

There is a scientific test that you can do to help reason if there is any possibility that creation could have possibly happened. The only apparatus required for this test is your reasoning applied to basic knowledge about the universe that we all have no dispute with already.

One fact science knows to be true about existence, is that the source of anything is greater than what it produces. An example of this is people must mature into adults before they're able to produce babies. It takes a pulp mill to produce paper. A crane must be big enough to support a load greater than the load that it lifts, and it has to be able to reach higher than the load it lifts up. Therefore, the theory that the source of anything is greater than what it produces, makes sense.

If you are up to taking the challenge, I encourage you to explore Dr. Carl Baugh's lectures, "Creation in Symphony." He explains why the instinct we *first* feel, when we consider doing anything that is not in an act of love and compassion, is uneasiness, but the more we ignore that feeling of unease and indulge in doing things that are unloving towards others, the less we will be able to sense we are doing wrong.

The first cause of righteousness must be holy, dedicated to a passion of love just as you sense when looking at the expression on an innocent baby's face. How far do we stray as

we continue listening to brainwashing propaganda to embrace unrighteousness?

With these thoughts in mind, I hope you will not feel offended when you read statements referring to a creator and biblical references as you continue through this counseling book on mankind's sexuality. You may find it quite humorous as you read about some of the struggles I had with these concepts, from true stories I witnessed, coming to understand what is, and is not the right way to live your life.

Summing it Up

The education boards advocate that students need to be taught the fundamental base of our origin (sex education), and I agree on this fact. However, the evolution theory that schools have been teaching is not realistic, and therefore is not a rational basis for education about sexuality. Despite claims that the Holy Bible contradicts itself, the more scholars have researched and compared the scriptures with history and nature, the more they have found that the narrow-minded scope of our human understanding is the only flaw, not the Holy Bible. Creation by the Divine Creator in the Holy Bible is the only concept that has sustained a solid, flawless foundation throughout time.

Therefore, I conclude that the biblical law provided by the Almighty Creator of the universe, for our well-being, deserves our respect. When it states that a man and woman who live together should be as husband and wife, it is a safeguard. It is a commitment of oath to our Creator that we as

marital mates will look after each other and our children for the rest of our lives. Family! And that only makes complete, rational, loving sense.

Some words of wisdom from Proverbs 23:23: *Buy the truth and sell it not; not only that, but also get discernment and judgment, instruction and understanding.*

Revolution seems to be craved by every coming generation. Someone comes up with an idea and strives to sway people to embrace their new (or revived) way of thinking.

One thing that stunned me was that there is a group of people who call themselves the Flat Earth Society. They claim the Bible backs up their belief. (It doesn't.) And they say some pilots claim they can't see any curvature to the Earth. (I would say those pilots seriously need an eye exam.)

If the Earth were flat, since light rays don't bend from passing through air, how could it be possible that there is a continuous sunrise and sunset moving across the Earth? What kind of a defiant nature results in anyone supporting such an organization as The Flat Earth Society in this day and age?

Then I thought about all the overwhelming evidence that everything we see in nature has to be from intelligent design. The truth is out about the lies used to promote evolution, yet look at all the highly-educated people who defiantly refuse to even consider the possibility of anything coming from a creator. Is their reasoning demented, or do they share a hatred of God with Satan?

There is one more concern I would like to clear up before continuing with this book. There are people of some beliefs that

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detest the testimony of the Holy Bible that the living God of the universe has a Son named Jesus Christ who rose from the dead.

Some people, by their religious belief, feel it is their duty to kill you if you believe Jesus Christ of Nazareth in the Holy Bible to be God's son. And some non-Christian people strictly forbid themselves and their relatives from studying any doctrines other than their own. But the God of the Holy Bible says, *"Put me to the test and I will prove to you who I am."*

Throughout the Old Testament, it explained that Jesus would be coming to Earth to save us from our sinful nature, and it gave plenty of good reasons why that would be necessary to redeem us from our sins. Moses, a man other religions trust, talked about Jesus Christ coming to Earth to save mankind from our sins. Some religions believe in angels but forbid any belief of Jesus Christ being God's son because, they say, there is no one (and nothing) on an equal with God Almighty.

Well, Jesus even said that. He said there is nothing he can do without the authority being given to him by his Father, Jehovah, God Almighty. And God's title implies just that: almighty!

The Lord's Prayer states, "It shall be done on Earth as it is in heaven." This means it took place in heaven first. That's why I can't understand anyone having difficulty believing that God has a son, Jesus. Let's look at this another way. Aren't there lots of fathers on Earth who assign their sons as agents to look after their business? If this is customary on Earth, why should anyone reject God enjoying the same personal relationship with a son of his own?

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Another thing I find very strange is that although many belief systems agree God can raise people from the dead, they refuse to believe God could have raised his own son from the dead. This does not make reasonable sense to me.

Some demand proof of Jesus Christ's resurrection. Well, there are several ways you can look at this.

1. Historical archives by rulers who did not even know God, and other educated people who lived in the time of Jesus, wrote about him.
2. Before Christ's gruesome death on the cross, all his followers distanced themselves from being affiliated with him in any way. However, after they witnessed his resurrection they became incredibly bold preaching about it, seemingly unconcerned that this bold preaching was likely to result in them being gruesomely executed.
3. Several lawyers – Christian, atheist and otherwise – have scrutinized the historical records and archives, and concluded Jesus must have risen from the dead. They base their conclusion on the fact that those who said they witnessed the resurrected son of God, Jesus Christ, refused to retract their statements even when under the threat of any kind of horrific death sentence that many suffered for not denying his resurrection. In fact, no history has been found where any of them denied that Christ had risen from the dead.

Based on these facts I believe everything the New Testa-

ment of the Holy Bible says about Jesus Christ. Therefore, I hope you will not condemn me or this book for anything I mention in it about God's only begotten son Jesus Christ of Nazareth or anything I mention about God's creation.

Defiance against the obvious truth is nothing new. It has been an ongoing repeated pattern for some who hate the truth that they know is true. I say this because now, 60 years or so after the Second World War, there are some who were not born until decades later who insist that the Holocaust, the killing of six million Jews, never happened. Why?

Well, there has been a lot of hatred for Jewish people down through time. I guess it is no surprise to hear some of these people now denying that the Holocaust ever happened. I find this no different than the evident history of Jesus Christ of Nazareth time on Earth being denied shortly afterwards. Some seek for truth, and others seek to justify what they want to believe.

Hating the truth does not change the truth.

In seeking for the truth in every way available I understand, I've come to believe the New Testament is about the time Jesus spent on Earth. It is fact that he lived a perfect life without sinning, that he died an unjust death to redeem us from our sins, and that his father, God Almighty, resurrected him from the dead *because it was an unjust death*.

Knowing where we came from is vitally important to knowing what is best for us now and for our future. The most important history of where we came from is in the Holy Bible. That is what this book is all about.